

Cakes & Cream Tea

Our cakes, scones, flapjacks, brownies and biscuits are made to traditional recipes using real butter, organic flours, organic sugars, organic chocolate, organic free range eggs and organic jams

Two home made scones, organic strawberry jam & Devon clotted cream with a pot of tea for one	£5.99
Single home made scone & butter	£1.25
Single scone, organic strawberry jam & butter	£1.99
Single home made cheese scone & butter	£1.99
Single cheese scone, butter & chilli relish	£2.50
Victoria sponge	£2.50
Carrot cake	£3.25
Chocolate cake	£2.95
Coffee cake	£3.25
Bakewell tart	£2.50
Buttered toasted tea cake	£1.99
Pot of tea for one with a slice of cake	£3.99
Home made flapjacks, shortbread, brownies, millionaire shortbread	from £1.25



Loving the beach®

The Venus Company was started at Blackpool Sands in 1995 by Michael Smith, Louisa Newman and Lee Porter. Venus now operate four Cafes and shops in Devon at the beaches of Blackpool Sands, East Portlemouth and Bigbury on Sea and inland at the Shops at Dartington. We have two beach Cafes and a shop in Cornwall: Tolcarne, Newquay and Watergate bay.

The Venus mission is to be the greenest café and shop operator. We will strive to minimise the harmful effects and maximise the beneficial influences which our activities have on the environment. An integral part of the mission is supporting the local economy. Our purchasing policy is to buy local, tasty, healthy product rather than the cheapest. Hopefully you'll agree the result is tasty, quality food at good value prices.

Venus Purchasing

We use organic and locally produced ingredients. Our coffee, tea, sugar, eggs, chocolate, cheddar cheese, pies, vegetarian sausages, fruit juices, squash, baguettes, yoghurt, flour, butter, milk, vegetables, sausage meat, beef and lamb steaks are produced under organic standards.

Our beef, pork, lamb, chicken, cheese, pies, eggs, potato chips, juices, preserves, crab, bread, pasties, cakes and dairy products are produced in Cornwall and Devon

The red meat, fish, chicken and dairy products are from fully audited sources offering full traceability to the farms of origin in Devon and Cornwall.



All Day Breakfast

Using products from Devon & Cornwall



The Venus breakfast

2 rashers of bacon, organic egg, sausage, 2 hash browns, 1 slice of toast & vine tomato
£6.95

Vegetarian breakfast

2 vegetarian sausages, 2 organic eggs, 2 hash browns, 1 slice of toast & vine tomato
£6.95

Breakfast special

Venus breakfast plus an organic orange juice, & a regular tea or coffee
£8.50

Vegetarian special

vegetarian breakfast plus an organic orange juice, & a regular tea or coffee
£8.50

Breakfast baps available until 11.30am

Dry cure back bacon	£3.25
Dry cure back bacon & organic egg	£3.99
Sausage	£3.25
Sausage & organic egg	£3.99
Vegan organic sausage (V)	£3.25
Vegan sausage & organic egg (V)	£3.99
Organic egg (V)	£2.99

Something sweet

Toast & organic marmalade (V)	£1.99
Pain au raisin	£1.99
Chocolate twist	£1.99
Coffee & pastry	£3.50

Lunch

HOMEMADE SOUP

served with crusty bread

Soup of the day with crusty bread	£4.50
Venus bisque made using South Devon crab & lobster served with organic cream & garlic croutons	£4.95

BAGUETTES

served with crisps & a salad garnish

Devon ham, organic cheese & lettuce	£5.95
BLT - dry cure bacon, lettuce & vine tomato	£5.95
Hot tuna melt	£6.95
skipjack tuna, mayo, vine tomato & organic cheese	

SANDWICHES

served with crisps & a salad garnish

Tuna (skipjack) mayo & cucumber	£5.50
Crab, mayonnaise & organic cucumber	£6.95
Chicken (free range), mayonnaise, lettuce & tomato	£5.50
Organic cheddar & vine tomato (V)	£5.50

THE VENUS PANINI

all £5.95

served with fries & a salad garnish

Somerset brie & Venus cranberry sauce (V)	
Home made falafel with red pepper, onion, vine tomato & mint (Vegan)	
Devon ham & organic cheddar	

CHILDREN'S MEALS

Penne pasta with a Venus tomato sauce & organic cheddar (V)	£4.50
Sausage and fries	£4.50
Scampi & fries	£4.99
Ham bap with fries	£4.50



The Venus Organic Beef Burger

PROBABLY THE BEST YOU WILL EVER TASTE

The very finest South Devon grass fed organic beef made to our own recipe by Riverford farm foods

Served in a floured bap with fries & a salad garnish

Venus Classic with vine tomato & organic cheddar	£6.95
Sizzler with dry cure back bacon, red pepper & BBQ sauce	£7.50
Capri with goat's cheese & caramelised onion	£7.50

Classic Extra - double the beef add £1.99

FRENCH FRIES (V) (GF)

Regular	£2.00
Large	£2.50
Cheesy Fries	£3.50

Our Specials

all specials (except salads) are served with fries

MEAT

Chilli con-carne & fries, made with Venus' organic beef 'A great winter warmer'	£6.75
Devon ham, organic eggs & fries	£6.95
Organic beef pasty made to our own recipe by Riverford	£6.95
Venison casserole, Devon venison, seasonal vegetables and ale with herb dumplings	£8.50

FISH

Venus fish dish, local pollock, smoked haddock, scallop, salmon & organic egg in a rich creamy sauce	£9.95
Scampi with home made tartare sauce	£8.95
Locally landed breaded haddock & fries served with home made tartare sauce	£8.45
Whiting fillet, grilled with lime & fennel, served in a bap	£6.25

VEGETARIAN

Chilli "Non-Carne" & fries	
Lentil based chilli with all the classic ingredients	£6.75
Vegetarian burger (V)	
An amazing Venus veggie burger made with tofu, beetroot, garlic, carrot, red onions, tahini, herbs, olive oil and seeds with red pepper served in a floured bap	£6.95

SALADS

Chicken caesar salad with Devon free range chicken, cos lettuce, parmesan reggiano, creamy caesar dressing & garlic croutons	£6.50
Crab salad, South Devon crab meat with mixed leaves, red onion, red pepper, cucumber and vine cherry tomatoes	£7.95



(V) vegetarian (GF) gluten free

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