



Breakfast Served until 11:30am

Breakfast Baps Pick your yummy favourite in a floured bap. Choose 1 from:	£4.00
Back bacon or Devon sausage or vegan sausage or organic egg	
Add an egg	£1.25
Sourdough toast & Venus thick cut marmalade	£3.00
Bircher Muesli - Rolled oats with cinnamon, sultanas, apricots, raspberries & raisins soaked in Devon apple juice & cream topped with toasted pumpkin seeds & walnuts	£2.95

SOUP

Tomato & red onion soup - a vibrant vine tomato soup, finished with basil oil – served with a chia seeded bread V GF	£5.99
---	-------

VENUS CHILLI

Served with sour cream & tortilla chips.

Beef - made with grass fed devon beef, kidney beans, tomatoes, celery, peppers, onions & warming spices £7.99

Veggie – packed full of lentils, beans, chick peas, carrot, celery, peppers & mushrooms & warming spices (vegan without the sour cream) **V GF** £7.50

WRAPS

	At Table	Takeaway
Chicken Caesar - Devon chicken breast, caesar dressing, parmesan & cos lettuce	£5.99	£4.99
Falafel (gluten free & vegan) - home made falafel, shaved savoy in a lime garlic oil, beetroot, olives, cos & tomato V GF	£5.99	£4.99

BEEF PASTY

James Strawbridge and Venus have worked together to incorporate a network of local farmers, artisan producers and organic suppliers to bring you this gourmet pasty handmade using Cornish & Devon ingredients

	Individual	Meal
Venus steak pasty - An innovative twist on the traditional product. This outstanding unique pasty includes local beef, Cornish ale, swede, potato, butter, cabbage, carrot, onion, horseradish, pepper & rosemary	£4.25	£7.25

CLIVE'S GLUTEN FREE PIES OF DEVON

Homity pie V GF	£4.99	£7.99
Fabulous cheesy potato pie full of fresh vegetables, vegetarian cheddar, mustard and herbs		

TOASTED PANINI

Brie & cranberry	£4.75
Vintage mature cheddar & vine tomato V	£4.75

VENUS MEAL DEALS

This includes a regular drink & large french fries (excludes alcohol)

HOMEMADE VEGGIE BURGER **V**

Organic tofu, beetroot, garlic, onion, tahini, herbs, olive oil & seeds with cos lettuce & vine tomato on a sourdough bap

<i>Individual</i>	<i>Meal</i>
£4.50	£7.50

VENUS 6oz BEEF BURGERS

Made to our own recipe, using the very finest grass fed Devon beef. Served on a sourdough bap with vine tomato & cos lettuce

	Individual	Meal
The Classic - with sliced English cheddar	£6.99	£9.99
Plain burger	£4.99	£7.99
Cafe de Paris - delightful butter of 26 ingredients just designed for quality beef.	£6.99	£9.99
The ultimate bacon jam burger - a perfect sweet & sour chutney with chopped bacon & onion	£7.99	£10.99
Bacon & cheese burger	£7.99	£10.99

NAKED NO BUN - our burgers can be served in a lettuce sandwich should you prefer less carbs or no gluten

FOR CHILDREN

With a Rocks organic orange or blackcurrant squash. Comes with a kids activity bag & crayons.

Free range Devon pork sausage and fries	£5.99
Creamy cheese spaghetti - made with Cornish milk, cream & English cheddar V	£5.99
6oz plain burger & fries	£6.99

FRENCH FRIES

Regular £2.25	Large £2.99	Cheesy fries £3.99
---------------	-------------	--------------------

HOT DRINKS

Carefully selected single estate organic tea and 100% Arabica organic coffees served with Cornish Trewithen milk

	Reg	Lge
Tea / a selection of herbal teas	£1.79	£1.99
Sumatran filter coffee	£1.99	£2.35
Hot chocolate	£2.50	£3.00
Hot chocolate Decadence with cream, marshmallows & chocolate flake	-	£4.00
Babychino (hot milk & chocolate sprinkles)	£1.75	-

FRESH BEAN COFFEES

	Reg	Lge
Espresso	£2.00	£2.50
Flat white	£2.80	-
Cappuccino / café latte / americano	£2.40	£2.75
Mocha	£2.70	£3.05

COLD DRINKS

Rocks organic orange or blackcurrant squash	£1.50
Coca Cola, Diet Coke, Sprite, Fanta Orange (33cl can)	£2.00
Trewithen (Cornwall) milk	£1.40
Milltop Devon apple Juice	£2.50
Water (33cl) still or sparkling	£1.90

Can 'o Water - FINALLY, water with NO PLASTIC in a 100% resealable & recyclable can. So much friendlier to the oceans and our special marine life.

BEER & WINE

Carlsberg 3.8%	£4.30
Venus Ales (See drinks board for description)	£5.30
Magners 4.5%	£5.30
18.7cl Sauvignon Blanc 11.5%	£5.30
18.7cl Shiraz 13%	£5.30

All prices include VAT where applicable. Venus reserves the right to change ingredients, prices and choices without notice.

Please ask to see the Venus ingredients folder if you have any questions about ingredients