

PLEASE ORDER AT THE COUNTER
FOR ALLERGEN KEY PLEASE SEE BACK PAGE

DELICIOUS ICE CREAM

JUDE’S ICE CREAM TUBS 100ML
ADD FLAKE

£4.50
50P

VERY VANILLA

Crafted with Madagascan Bourbon vanilla, Very Vanilla is a classic, rich and creamy vanilla ice cream.

TRULY CHOCOLATE

The most indulgent and rich chocolate ice cream, Truly Chocolate ice cream is made with fresh, local milk.

SALTED CARAMEL

Jude’s signature scoop, Salted Caramel is smooth and creamy with an expertly balanced salty sweet flavour.

STRAWBERRIES & CREAM

A British summer classic, Jude’s Strawberries & Cream is made with fresh cream, strawberries and fresh, local milk.

BLACK COCONUT

This distinctive black ice cream is coloured with vegetable carbon and made using a delicious combination of creamy coconut milk and fresh, local milk.

MANGO SORBET (VG)

With real mango puree Jude’s Mango Sorbet is intensely fruity with creamy undertones.

SICILIAN LEMON (VG)

Plant based lemon ice cream with a lemon sauce, crafted with lemons from Sicily.

MINT CHOCOLATE (VG)

Made with English Black Mitcham Peppermint from Summerdown, our Mint Chocolate ice cream is rippled with smooth chocolate and chocolate pieces.

COLD DRINKS

ROCKS BLACKCURRANT SQUASH

£1.99

R WHITES LEMONADE (33cl can)

£2.99

REWATER STILL WATER BOTTLE (still 50cl bottle)

£3.99

REWATER SPARKLING WATER BOTTLE (sparkling 50cl bottle)

£3.99

PEPSI MAX (33cl can)

£2.99

FANTA ORANGE (33cl can)

£2.99

ICED CHERRY LEMONADE (pint)

£3.99

LUSCOMBE ELDERFLOWER BUBBLY (27cl can)

£3.99

ORANGE JUICE (20cl)

£4.99

OUR CAFES CAN BE FOUND AT
TEIGNMOUTH SEA FRONT,
BROADSANDS BEACH, BIGBURY ON SEA BEACH

ALL PRICES INCLUDE VAT WHERE APPLICABLE.
Venus reserves the right to change ingredients, prices and choices without notice. We prepare all our food and drinks in our Venus central and café kitchens. We use many ingredients and shared equipment and, whilst we do our best to manage allergens, we cannot guarantee that any of our food or drinks are allergen-free or suitable for those with allergens due to the risk of cross contamination.

WINE

750ML £25.99

WHITE - CATARRATTO (11%, organic) (VG)

Award-winning, organic white wine. Made from Catarratto grapes grown in the sun-drenched Sicilian vineyards. Don’t want to open a whole bottle? Our cans are 187ml, perfect for those moments when you just want one glass. Our vegan and organic white wine is made from carefully selected organic Catarratto - a grape synonymous with Sicilian white wine. The grapes are lightly pressed to retain all the crisp, tropical, and citrus fruit notes.

ROSE - SYRAH & NERO D’AVOLA (11%) (VG)

Our organic pale Rosé is made from Syrah and Nero d’Avola grapes - from a selection of vineyards that show off the west coast Sicilian terroir. Careful pressing allows the delicate red fruits to shine and allows the Syrah to bring a slight spice to the finish. A lovely Provence-style Rosé from the coast of Sicily.

RED - SYRAH & NERO D’AVOLA (12%) (VG)

Award-winning, organic, juicy red wine from the sun-drenched vineyards of Sicily. A delightfully bold red wine with notes of bright red fruit and cherry.

SPARKLING WINE - GRILLO (10%)

750ML £26.99

Award-winning, organic sparkling wine. Inspired by the finest Italian sparkling wines, made from Grillo grapes that are grown in the sun-drenched Sicilian vineyards. Don't want to open a whole bottle? Want an excuse to celebrate even the small wins? Our sparkling wine cans are 200ml, perfect for those moments when you just need the one glass. Our vegan and organic sparkling wine is made from carefully selected organic Grillo - a grape used to craft the finest sparkling wines in Sicily. It's a fresh, light style of sparkling wine, with lots of floral and peach fruit on the nose and a very fine bubble in the glass. Our style is Brut, meaning it's dry and exceptionally drinkable.

187ML £7.99
250ML £9.99

WHITE - GRUNER 2022 (12%, organic) (VG)

A fabulous dry Austrian wine full of peach & green apple layered over pepper spice

ROSE - GRENACHE ROSE 2021 (12.5%) (VG)

A vibrant dry rose from Pays d’Oc, France. Soft aromas of clementine, wild strawberries & butterscotch

RED - OLD VINE GARNACHA 2020 (14.5%) (VG)

A beautifully balanced Garnacha from select old vines in Aragon, Spain. Smooth & silky with aromas of chocolate coated cherries and cassis with vanilla spice

BEER & CIDER

HALF PINT £3.50
PINT £6.80

BAYS DEVON ROCK CRAFT LAGER (4.5%) (VG)

An exceptional award-winning craft lager. Devon Rock is crafted to perfection using a unique blend of hops giving a crisp and refreshing modern lager, packed full of flavour

DEVON COVE (33CL, 4.5%) (VG)

The ultimate modern pale ale. Devon Cove is crafted to perfection using a unique combination of English malts & zingy American hops creating a smooth and refreshingly balanced pale ale. **NOT AVAILABLE AT BIGBURY**

ASAHI ALCOHOL FREE (0.0% 33cl can)

£4.99

BOHEMIAN PILSNER (33cl can, 4.5%) (VG, GF)

£4.99

TWO FARMERS MEDIUM DRY CIDER (44cl can, 4.5%) (VG, GF)

£4.50

WELCOME

Welcome to Venus. We are a family run Devon business with second and third generation family members. We provide authentic homemade food across our menus, buying locally and buying top quality. We aim to be the greenest café. Looking after our immediate environment is critical including all wildlife around us. We focus on home compostable to ensure rubbish put in the bins doesn't end up in the sea or on the beach and aren't left to pollute for years to come. Home compostable means that the product will decompose naturally on a home compost heap leaving no residue or toxins. We don't believe that the environmental answer is transporting rubbish hundreds of miles to energy intensive recycling centres. This seems a nonsense and an inappropriate answer to the environmental challenges we face.

We are proud to have been the first in the UK to adopt fully home compostable palm plates, hot cups and lids, cake wrappers, cling film and cleaning materials. Our search for home compostable continues all the time and we will continue to be early adopters of all new plant-based home compostable packaging.

OUR CAFES:
TEIGNMOUTH SEA FRONT, BROADSANDS BEACH,
BIGBURY ON SEA BEACH

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PANCAKE STACK

FOUR WARM PANCAKES (WFL, EG, CR, WS)

£7.75

Light & fluffy pancakes with blueberries and Canadian maple syrup

Add two rashers of bacon **£2.50** Add whipped cream **50p**

FRESHLY BAKED CROISSANT (WFL, BT, EG, WG)

ALL BUTTER CROISSANT

£2.99

CROISSANT WITH BUTTER & PRESERVE

£4.99

TEA CAKE

£3.99

Spiced fruit tea cake served with butter or cinnamon butter (WFL, BT)

ALL DAY

BACK BACON BAP

£6.99

Three rashers of dry cured English back bacon (BR, WH, WFL)

FREE RANGE SAUSAGE BAP

£7.99

Two large local free range pork sausages (WH, SP, BR, WFL)

VEGAN SAUSAGE BAP

£7.99

Three vegan sausages (WH, WFL, BR, WG, SY, WS, OT)

EGG BAP

£5.99

Two free range fried eggs (EG, WFL, BR, WH) (GF AVAILABLE)

GLUTEN FREE SAUSAGE BAP

£8.99

Two gluten free pork sausages (SP)

GLUTEN FREE BACON BAP

£8.99

Three rashers of English dry cured back bacon

FOR OUR LATEST NEWS, OPENING TIMES
AND SUSTAINABILITY INFORMATION.
LOVINGTHEBEACH.CO.UK

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LUNCH Served from 11:30am

VENUS STEAK PASTY £6.99
An innovative twist on the traditional product. This outstanding unique pasty includes local beef, swede, potato, cabbage, carrot, onion, horseradish, pepper & rosemary **(WFL, BR, MK, EG, MD)**
WITH FRIES AND BAKED BEANS £10.99

LOCAL BEEF & CHICKEN

VENUS DEVON BURGERS

Served in a toasted bap, with Moroccan carrot (sultanas & cumin seed) on the side **(WFL, BR, WH)**

PLAIN BURGER (GFO) £8.99
1/4lb Devon grass fed beef

CHEESEBURGER PLAIN (GFO) £9.99
1/4lb Devon grass fed beef with one slice of English cheddar **(CH)**

CLASSIC CHEESEBURGER (GFO) £10.99
Cheeseburger with beef tomato and lettuce **(CH)**

VENUS TOFU BURGER (VG, GFO) £10.99
The famous Venus tofu burger. This amazing burger is full of Devon tofu, red onions, carrots, beetroot, garlic, ginger, toasted seeds, tahini, tamari and a blend of spices with mayo, garlic slaw and lettuce **(SY, SE)**

NAKED (GF)
Any burger is available sandwiched in lettuce + no bap

FREE RANGE CHICKEN £10.99
Panko fried chicken and mayo **(WFL)**

MAKE YOUR OWN

EXTRA CHEESE SLICE (CH) £1	GHERKIN (MD) £1
BACON 2 RASHERS £2.50	HOT SRIRACHA SAUCE £1 🌶️
ADD BEEF PATTY £4.99	TOMATO & LETTUCE £1
	ADD CHICKEN (WFL) £4.99

BURRITO

Served in a warm flour tortilla **(WFB, WG, WFL)**, with Moroccan carrot salad (carrots, sultanas and cumin seeds) and your choice of yummy filling

BREAKFAST BURRITO 🌶️ £9.99
English dry cured back bacon, Devon free range egg, English cheddar, hash brown and sriracha sauce **(EG, CH)**

PLANT BURRITO (VG) 🌱 £9.99
Scrambled organic tofu with turmeric and smoked sea salt, vegan sausage, hash brown, vegan Cathedral City cheese and sriracha sauce **(SY, WH, BR, WS, OT)**

PERFECT TO SHARE

TACOS 🌶️

ALL £10.99

With garlic slaw, Asian salad (carrot, celery, red peppers, red onions and sesame oil) **(SE, SY, CY)** & sriracha mayo in 2 warm flour tortillas **(WFL, WFB, WG)** with a Moroccan carrot salad (carrots, sultanas and cumin seeds) on the side

MUSHROOM (VG)
Garlic panko breaded portobello mushrooms

CHICKEN
Crispy panko English free range chicken

COCONUT KING PRAWN
Large sweet coconut panko breaded king prawns **(CS)**

MELTED CHEESE TOASTIES

Served with Moroccan carrot (fresh carrot, sultanas, cumin seeds and vegetable oil). 2 crunchy thick slices of artisan sourdough bread toasted with west country butter filled with:

SPICY TUNA MELT 🌶️🌶️ £10.99
Dolphin safe spicy tuna, fresh red onion and sriracha mayonnaise with English cheddar cheese **(BT, FH, CH, WFL, RY, WH)**

CHEESE & RED ONION MARMALADE MELT (V) £9.99
Mature cheddar cheese with Devon red onion marmalade **(BT, WFL, RY, BR, CH, WH)**

DOUBLE CHEESE MELT (V) £8.99
The ultimate cheese lover's toastie **(BT, CH, WFL, RY, WH)**

GREEK MUSHROOM MELT (V) £10.99
Authentic Greek feta, garlic mushrooms & red onion **(BT, CH, WH, WFL, RY)**

MARMITE MELT (V) £10.99
Mature cheddar cheese with the original marmite and Devon ale chutney on the side **(BT, CH, WFL, CY, MD, RY, BR, OT, WH)**

SEAFOOD

Served with Moroccan carrot on the side

	ONE FILLET £12.99
FISH 'N' FRIES	TWO FILLETS £14.99
Battered haddock fillet (MSC certified) served with homemade tartare sauce, lemon and crispy fries (FH, WFL, SP) COOKED IN OIL USED FOR CRUSTACEANS	

6 HAWAIIAN COCONUT KING PRAWNS £10.99
Large sweet coconut panko breaded king prawns served with lemon and guava mayo. A Venus favourite from Maui **(CS, WFL)**

VENUS FISH BURGER £10.99
Battered cod fish fingers (MSC certified) in a bap served with homemade tartare sauce and lemon **(FH, WFL, SP, BR, WH)**
COOKED IN OIL USED FOR CRUSTACEANS

4 FISH ARANCINI £10.99
Panko breaded & handmade in Venus Kitchen. Haddock & smoked mackerel in a coconut milk arborio rice, butter, onion, chilli, ginger & coriander. Served with lime mayo **(FH, WFL, BT)**
COOKED IN OIL USED FOR CRUSTACEANS

WHOLE MACKEREL (Teignmouth only, while stocks last) £16.75
A large locally landed succulent mackerel. Served whole, baked with olive oil & lemon served with crispy fries and garlic slaw **(FH)**

PLANT BASED

BREAKFAST PLANT BURRITO (VG) 🌱 £9.99
Scrambled organic tofu with turmeric and smoked sea salt, vegan sausage, hash brown, vegan Cathedral City cheese and sriracha sauce **(SY, WH, BR, WG, WFB, WFL, WS, OT)**

VEGAN SAUSAGE BAP (VG) £7.99
3 vegan sausages **(WH, SY, BR, WFL, WG, WS, OT)**

4 PEA & MINT ARANCINI (VG) £9.99
Panko breaded and hand made in Venus kitchens. A delicious Sicilian inspired recipe of peas and mint with onion, arborio rice and garlic served with a fresh lime mayo **(WFL)**

VENUS TOFU BURGER (VG)(GFO) £10.99
The famous Venus tofu burger. This amazing burger is full of Devon tofu, red onions, carrots, beetroot, garlic, ginger, toasted seeds, tahini, tamari and a blend of spices with mayo, garlic slaw and lettuce **(SY, SE, WFL, BR, WH)**

DAHL SOUP (VG) (GFO) £8.99
A warming homemade soup of lentils, chopped tomatoes, onions, coconut milk and a raft of spices. Served with stone oven baked baguette & butter (gluten free available) **(WFL, RY, BT)**

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SMALLER MEALS

PASTA POMODORO (V, VGO) £7.99
Penne pasta **(WH)** with homemade Venus pomodoro sauce & English grated cheddar cheese **(CH)** (Vegan cheese available)
GLUTEN FREE OPTION + £2

SAUSAGE & FRIES £8.99
Free range Devon pork (1) **(WFL, SP)** or vegan (2) **(SY, BR, OT, WG, WS)** or gluten free (1) **(SP)** and baked beans

FISH 'N' FRIES (MSC CERTIFIED) £10.99
2 battered cod fish fingers with fries and baked beans **(FH, WFL) COOKED IN OIL USED FOR CRUSTACEANS**

CHICKEN & FRIES £9.99
Panko coated Devon chicken with baked beans **(WFL)**

MATCHA

100% pure ceremonial grade Japanese matcha made with dairy (MK), oat or coconut (SY)

MATCHA LATTE HOT OR ICED £4.60

ICED VANILLA MATCHA LATTE £5.25

ICED STRAWBERRY MATCHA LATTE £5.25

ICED CHERRY MATCHA LATTE £5.25

FRIES

POT OF FRENCH FRIES (VG/GFO) £3.99

SPICY SEASONED FRIES (VG/GFO) £4.99
Crispy delicious fries tossed in our secret seasoning mix of 8 spices

MUSHROOM GARLIC CHIPS (VG/GFO) £5.99
Breaded garlic portobello mushroom slices with sriracha mayo **(WH)**

CHEESY FRIES (V) (CH) £5.99

LOADED FRIES

Large portion of fries topped with:

BACON CHEESE £9.99
Chopped bacon, mature English cheddar **(CH)**

VEGAN (VG) £7.99
Vegan cheddar, vegan gravy **(WFL)**

ICED DRINKS

LATTE	£4.45
CAPPUCCINO	£4.30
AMERICANO	£3.90
FLAT WHITE	£3.69
CHAI LATTE	£4.60

HOT DRINKS

COFFEE

Decaffeinated coffee available.
Oat or coconut **(SY)** available at NO extra charge

	SINGLE	DOUBLE
ESPRESSO (4oz)	£2.20	£2.99
FLAT WHITE (8oz)		£3.69
CAPPUCCINO		£4.20
LATTE		£4.35
AMERICANO		£3.80
MOCHA		£4.99
CORTADO (4oz)		£3.29

HOT CHOCOLATE

HOT CHOCOLATE £4.79
(Also available dairy free, 100% Peruvian dark)
WITH MARSHMALLOWS £4.99

ADD

SYRUP	Vanilla, caramel, hazelnut, cherry, chocolate	£0.65
WHIPPED CREAM		£0.50

TEA

VENUS ORGANIC SINGLE ESTATE TEA £2.45
We are donating 5p for every Venus and herbal tea sold to a local charity.

HERBAL

EARL GREY	£3.00
GREEN	£3.00
DECAF ENGLISH BREAKFAST	£3.00
CHAMOMILE HERBAL INFUSION	£3.00
CHAI LATTE	£4.60
MOROCCAN MINT	£3.00

	HERBAL	VENUS
POT OF TEA NOT AVAILABLE AT BIGBURY		
For 1	£3.80	£2.99
For 2	£4.80	£3.99

LESS WASTE - BETTER BEACHES
GREENER CAFES



V- VEGETARIAN | VG - VEGAN | VGO - VEGAN OPTION | GF - GLUTEN FREE | GFO - GLUTEN FREE OPTION

FULL INGREDIENT AND ALLERGY INFORMATION CAN BE FOUND ON OUR WEBSITE WWW.LOVINGTHEBEACH.CO.UK/FOOD/

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ADD FRIES FOR ONLY £3.50



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